

Circle of Security

A One-Day Mothers' *Circle of Trust*[®] Retreat



*Providing a safe and hospitable space to reflect on what matters most;
your connection with your child/ren, loved ones and yourself.*

This is not therapy or a course. It is an reflective exploration of Circle of Security core themes.

Wednesday 11 & Thursday 12 November 2015

9.30am – 1pm

a place to just be

4 Preston Point Road, East Fremantle

*A Place To Just Be is a tucked-away retreat centre, bejewelled with sculptures and earthy forms
hewn with care to stir your creativity and lift your soul.*

Cost: \$110 Morning tea provided

In Circles of Trust, we speak and we listen.

We explore important questions in large group conversation and dialogues in small groups.

Multiple modes of reflection will be used so everyone can find their unique place and pace.

We make time for individual reflection, journaling and creative exploration.

For more information, enquiries & registrations

www.thebumpwa.org.au/mothers-circle-of-security-retreat

or call facilitator, Sharon Cooke on 0403 761 870

This is a mothers retreat - it will not be suitable for babies or children to attend

Sponsored by



TheBumpWA

Centre for:
Pregnancy, Childbirth Education
and Early Parenting Services Inc.

www.thebumpwa.org.au



Circle of Security
INTERNATIONAL
Early Intervention Program for Parents & Children

Courage
& Renewal