

## Pleasant Feelings

### **OPEN**

understanding  
confident  
reliable  
easy  
amazed  
free  
sympathetic  
interested  
satisfied  
receptive  
accepting  
kind

### **HAPPY**

great  
gay  
joyous  
lucky  
fortunate  
delighted  
overjoyed  
gleeful  
thankful  
important  
festive  
ecstatic  
satisfied  
glad  
cheerful  
sunny  
merry  
elated  
jubilant

### **ALIVE**

playful  
courageous  
energetic  
liberated  
optimistic  
provocative  
impulsive  
free  
frisky  
animated  
spirited  
thrilled  
wonderful

### **GOOD**

calm  
peaceful  
at ease  
comfortable  
pleased  
encouraged  
clever  
surprised  
content  
quiet  
certain  
relaxed  
serene  
free and easy  
bright  
blessed  
reassured

### **LOVE**

loving  
considerate  
affectionate  
sensitive  
tender  
devoted  
attracted  
passionate  
admiration  
warm  
touched  
sympathy  
close  
loved  
comforted  
drawn toward

### **INTERESTED**

concerned  
affected  
fascinated  
intrigued  
absorbed  
inquisitive  
nosy  
snoopy  
engrossed  
curious

### **POSITIVE**

eager  
keen  
earnest  
intent  
anxious  
inspired  
determined  
excited  
enthusiastic  
bold  
brave  
daring  
challenged  
optimistic  
re-enforced  
confident  
hopeful

### **STRONG**

impulsive  
free  
sure  
certain  
rebellious  
unique  
dynamic  
tenacious  
hardy  
secure

## Difficult/Unpleasant Feelings

### ANGRY

irritated  
enraged  
hostile  
insulting  
sore  
annoyed  
upset  
hateful  
unpleasant  
offensive  
bitter  
aggressive  
resentful  
inflamed  
provoked  
incensed  
infuriated  
cross  
worked up  
boiling  
fuming  
indignant

### DEPRESSED

lousy  
disappointed  
discouraged  
ashamed  
powerless  
diminished  
guilty  
dissatisfied  
miserable  
detestable  
repugnant  
despicable  
disgusting  
abominable  
terrible  
in despair  
sulky  
bad  
a sense of loss

### CONFUSED

upset  
doubtful  
uncertain  
indecisive  
perplexed  
embarrassed  
hesitant  
shy  
stupefied  
disillusioned  
unbelieving  
skeptical  
distrustful  
misgiving  
lost  
unsure  
uneasy  
pessimistic  
tense

### HELPLESS

incapable  
alone  
paralyzed  
fatigued  
useless  
inferior  
vulnerable  
empty  
forced  
hesitant  
despair  
frustrated  
distressed  
woeful  
pathetic  
tragic  
in a stew  
dominated

### INDIFFERENT

insensitive  
dull  
nonchalant  
neutral  
reserved  
weary  
bored  
preoccupied  
cold  
disinterested  
lifeless

### AFRAID

fearful  
terrified  
suspicious  
anxious  
alarmed  
panic  
nervous  
scared  
worried  
frightened  
timid  
shaky  
restless  
doubtful  
threatened  
cowardly  
quaking  
menaced  
wary

### HURT

crushed  
tormented  
deprived  
pained  
tortured  
dejected  
rejected  
injured  
offended  
afflicted  
aching  
victimized  
heartbroken  
agonized  
appalled  
humiliated  
wronged  
alienated

### SAD

tearful  
sorrowful  
pained  
grief  
anguish  
desolate  
desperate  
pessimistic  
unhappy  
lonely  
grieved  
mournful  
dismayed

# EARL

The HUMAINE Emotion Annotation and Representation Language (EARL) classifies the following 48 emotions.

## Negative and forceful

- Anger
- Annoyance
- Contempt
- Disgust
- Irritation

## Negative and not in control

- Anxiety
- Embarrassment
- Fear
- Helplessness
- Powerlessness
- Worry

## Negative thoughts

- Doubt
- Envy
- Frustration
- Guilt
- Shame

## Negative and passive

- Boredom
- Despair
- Disappointment
- Hurt
- Sadness

## Agitation

- Stress
- Shock
- Tension

## Positive and lively

- Amusement
- Delight
- Elation
- Excitement
- Happiness
- Joy
- Pleasure

## Caring

- Affection
- Empathy
- Friendliness
- Love

## Positive thoughts

- Courage
- Hope
- Pride
- Satisfaction
- Trust

## Quiet positive

- Calm
- Content
- Relaxed
- Relieved
- Serene

## Reactive

- Interest
- Politeness
- Surprised

# Emotions by groups

Here is a categorised, tree structured list of emotions as described in Parrot (2001).

<b>Primary emotion</b>	<b>Secondary emotion</b>	<b>Tertiary emotions</b>
Love	<i>Affection</i>	Adoration, fondness, liking, attraction, caring, tenderness, compassion, sentimentality
	<i>Lust/Sexual desire</i>	Arousal, desire, lust, passion, infatuation
	<i>Longing</i>	Longing
Joy	<i>Cheerfulness</i>	Amusement, bliss, cheerfulness, gaiety, glee, jolliness, joviality, joy, delight, enjoyment, gladness, happiness, jubilation, elation, satisfaction, ecstasy, euphoria
	<i>Zest</i>	Enthusiasm, zeal, zest, excitement, thrill, exhilaration
	<i>Contentment</i>	Contentment, pleasure
	<i>Pride</i>	Pride, triumph
	<i>Optimism</i>	Eagerness, hope, optimism
	<i>Enthrallment</i>	Enthrallment, rapture
	<i>Relief</i>	Relief
Surprise	<i>Surprise</i>	Amazement, surprise, astonishment
Anger	<i>Irritation</i>	Aggravation, irritation, agitation, annoyance, grouchiness, grumpiness, crosspatch
	<i>Exasperation</i>	Exasperation, frustration
	<i>Rage</i>	Anger, rage, outrage, fury, wrath, hostility, ferocity, bitterness, hate, scorn, spite, vengefulness, dislike, resentment
	<i>Disgust</i>	Disgust, revulsion, contempt, loathing
	<i>Envy</i>	Envy, jealousy
	<i>Torment</i>	Torment
Sadness	<i>Suffering</i>	Agony, suffering, hurt, anguish
	<i>Sadness</i>	Depression, despair, hopelessness, gloom, glumness, sadness, unhappiness, grief, sorrow, woe, misery, melancholy
	<i>Disappointment</i>	Dismay, disappointment, displeasure
	<i>Shame</i>	Guilt, shame, regret, remorse
	<i>Neglect</i>	Alienation, isolation, neglect, loneliness, rejection, homesickness, defeat, dejection, insecurity, embarrassment, humiliation, insult
	<i>Sympathy</i>	Pity, sympathy
Fear	<i>Horror</i>	Alarm, shock, fear, fright, horror, terror, panic, hysteria, mortification
	<i>Nervousness</i>	Anxiety, nervousness, tenseness, uneasiness, apprehension, worry, distress, dread

## Negative states

- Abandoned
- Afraid
- Agony
- Alone
- **Angry**
- Anxious
- Apprehensive
- Ashamed
- At a loss
- Betrayed
- Blame
- Bored
- Burdened
- Cheated
- Concerned
- Confused
- Cornered
- Crazy
- Crushed
- Deep Sadness
- Deep Sorrow
- Defeated
- Dejected
- **Depressed**
- **Despair**
- Despondent
- **Devastated**
- Disappointed
- Discouraged
- Disgusted
- Dismay
- Disoriented
- Doubt
- Dread
- Embarrassed
- Emptiness
- Empty
- Enraged
- Exhausted
- Fatigued
- **Fearful**
- Hapless
- Heartache
- **Heartbroken**
- **Heartsick**
- **Heaviness**
- **Helpless**
- Horrified
- Horror
- Humiliated
- Hurt
- Inadequate
- Indignant
- Insecure
- Invalidated
- Lazy
- Lethargic
- Lonely
- **Loss**
- **Lost**
- Mad
- Melancholy
- Mortified
- Offended
- Outraged
- Overwhelmed
- Persecuted
- Pressured
- Punished
- Put down
- Put upon
- Rage
- Rebellious
- Rejected
- Rejecting
- Resentment
- Sadness
- Scared
- Scorn
- Self-conscious
- Shame
- Shattered
- Silly
- Sorrow
- Suffering
- Suspicious
- Terror
- Tired
- Tortured
- Trapped
- Traumatized
- **Uncertain**
- Untrusting
- Vulnerable
- Wary
- Wasted
- Worn out
- Worried